



# ROAD BOOK

# RAID PACIFIC ENERGY

# 2023

Welcome to the Pacific Energy "Coast to Coast" Raid.  
Congratulations on your challenge!

The route we are proposing this year is unprecedented, linking the north and south of Efaté.

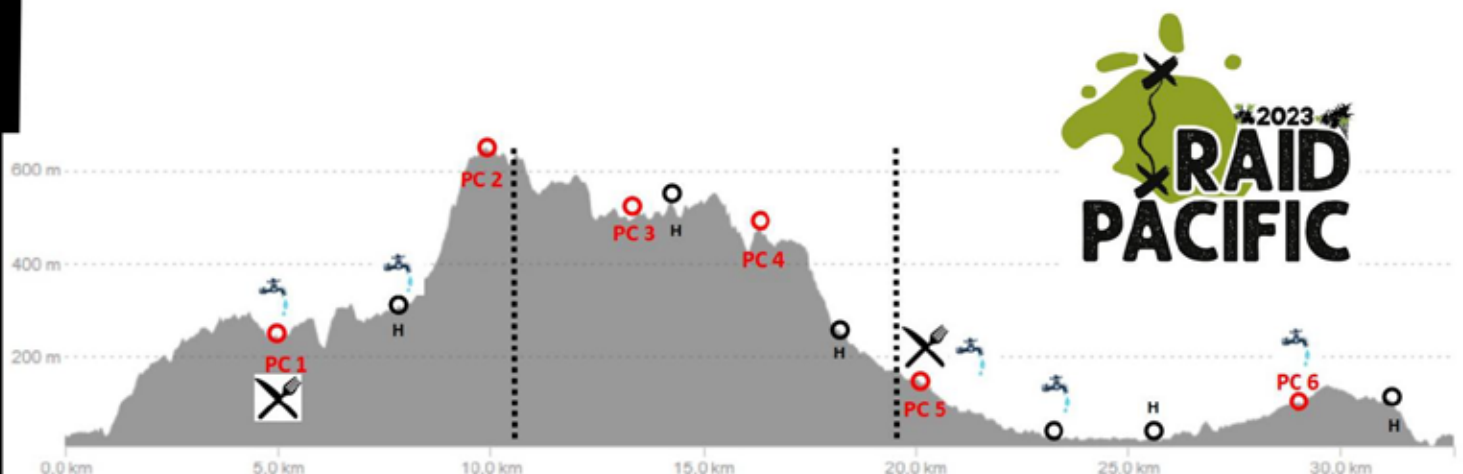
At the beginning of the year, we had to contend with 2 cyclones in a single week in March.

These 2 climatic events considerably affected the route, necessitating much more clean-up work than had been anticipated.

Most of the trail is never used, and some sections had to be opened specially had to be opened especially for this race.

We're delighted to have you with us for this 1st crossing and look forward to seeing you on the starting line!

Here you'll find important information about the route you're about to take. you're planning to take it.





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The total length of the route is around 35 km, with 1500 m of ascent (depending on GPS acuity).

It can be divided into 3 distinct sections:

From the start to km 20, you will progress exclusively under plant cover, on a technical trail made up of roots, lianas and stones.

From km 20 to the end, you cross private plantations.

1-From the start at PC2, the trail climbs steadily, alternating with creeks, until it reaches the top. creeks, to reach Efate's highest point, Mount MacDonal at 650m.

2- Short, but sometimes very steep, ascents and descents alternate, to reach the summit of Matarakoum (PC4). Very steep descent to the forest of the forest at PC5.

3-The progression through the forest is over, and it's time for a much more rolling race, alternating plantations, tracks and roads.

At PC2, PC3 and PC5, you'll find Promedical and ProRescue assistants to keep you to ensure your safety along the way.





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We start in front of the community house in the village of Saama at 7am.

Follow the main village track uphill for 400 m. Turn right to join the tarmac road

for a further 500 m. Turn left to enter the forest, where you'll stay for the next 20 km.

This path, much used to get to the gardens, is quite clean. You'll follow the pink markers, but you'll also come across orange markers from a previous run.

You'll enjoy passing through a huge banyan tree.

Up to PC1, alternating short descents in 3 dry creeks

and 1 in water, followed by very steep and demanding climbs right from the start of the race. Be patient! Water and ravi to light at PC1. Don't forget to get your number punched

and refill your water tank.

The course continues with a similar profile, short descents in creeks that are dry and wet creeks, followed by longer climbs, sometimes very steep.

You'll also come across a number of banyan trees (Nabanga)

which are landmarks in the bush for pig hunters.

When you reach the last river with water, you'll find a signpost a signpost and an assistant who will ask you to fill up with water.

**This is imperative, as there will be no more water refueling until PC5!**

After this river, you enter the MacDonald area.

At the foot, a rope will help you get over 20 meters of very steep slope.

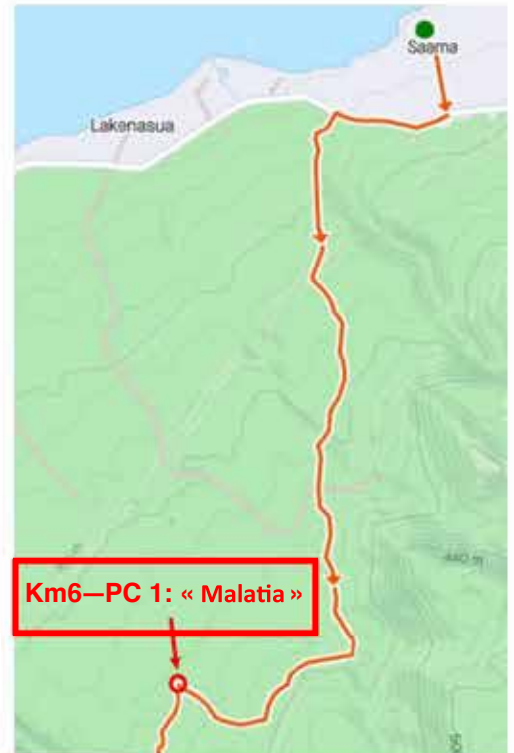
The rest of the climb is very tough: it's the main difficulty of the route.

Take breaks and turn around - the view over Undine Bay is magnificent!

The summit is a windy, forested plateau which you follow for 1 km before reaching PC2.

**Time limit at PC2: 11.15 a.m.!**

After this time, you will be disqualified and returned to the PC1 vehicle, accompanied by race assistants.





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**Km11—PC 2: Mac Donald.**

From PC2 (the former Orstom weather station) you can enjoy a magnificent view of Mount Erskine and Havannah Harbour, and even make out the wind turbines to the south-west on a very clear day.

Short but steep descent just after PC2. You progress over an uneven plateau for just over 2km.

This section from PC2 to PC3 hasn't been used since 2015, after Cyclone Pam.

Located at the corner of Efate, this is the area that has been the hardest to open but also the least cleared; so it's particularly treacherous, so be careful!

At the edge of this plateau, a steep descent awaits you before reaching a magnificent banyan tree.

Ropes are installed, so don't neglect them, especially in wet weather.

At PC3 "Crossroad", the southern safety team will welcome you.

From PC3 to PC4, you'll follow a succession of very pleasant ridgelines with alternating ascents and descents interspersed with flatter, more "rolling" sections.

Still in the forest, this ridgeline is sometimes very narrow, and you'll enjoy a view through the trees.

Just before PC4, the path narrows considerably and you'll come to a ravine on your left. A sign will indicate slow down and be careful!

Ropes will be installed to ensure your safety.







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From PC4, you have a clear view of the Ballande plantation below, the plain where the airport is located and the town of Port-Vila with its Ifira and Iririki islets in the background.

Immediately after PC4, you'll continue to follow the ridgeline, but it will descend sharply. At this point with accumulated fatigue, you'll need to be careful to avoid a fall which could jeopardize an easier finish.  
easier finish.

At the end of the steep descent and the exit from the dense forest, the course the course curves 90° to the right and the gradient becomes less demanding.

Another 1 km before you emerge completely from the bush and see PC5.

**Time limit at PC5: 3.45 p.m.!** After this time, you will be disqualified and taken to the finish site by vehicle.

At PC5, you'll find medical assistance and the necessary necessary to finish your race.

This is followed by 4 km of slightly downhill progress through the Ballande plantation.

Note that from PC5 onwards, you'll be in the open at all times, so a hat out of your bag will be welcome if the weather's clear.

At the end of the plantation, you'll have to pass through a gate into a river that you'll have to cross, taking you behind the Russet plantation farm buildings. An assistant will show you the way and supply you with water if required.

Then leave the property and follow the runway around the airport grounds. On your left, an assistant

The assistant will show you a gate to enter the Furet plantation.

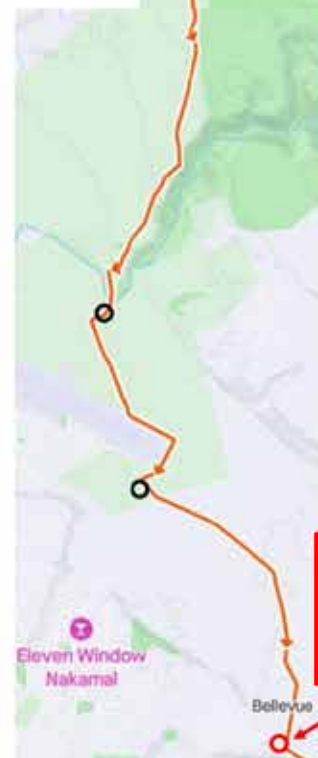
Follow the signs, and if you find a closed gate, open and close it immediately! On leaving the plantation, you'll enter the Bellevue Park district.

Follow the track that will take you to PC6, at an intersection with a tarmac road.

Km18—PC 4:Matarakoum



Km20—PC: 5  
Ballande



Km30—PC: 6  
Manaro



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From PC6, you are close to the finish.

Take the tarmac road to the left that leads to Montmartre (Mission catholique and lycée francophone). Be careful, the road will remain open to traffic.

At the entrance to the mission, an assistant will show you the way.

You'll walk alongside the school refectory and behind it, you'll find the entrance to the pastoral path leading down to the 2nd lagoon.

At the bottom of the descent, you'll follow a track that brings you to the main road.

Turn left, follow the asphalt road for 150m and turn left to enter into the Stella Mare district.

Take the 1st right, 83 Islands Distillery is on the right 400m further on.

**BRAVO! You've arrived!**