

Km 0 - The start will be on the beach in Mele, at Suango School. The Elite and Challenger races will follow the track that starts from Beach Bar and connects to the main road. Here, you'll cross the tar road with caution and continue on the straight access road to the heart of Mele village.

Km 2.7 - You'll turn left onto a wide trail that you'll follow for 500m. You'll then enter the gardens on the right before tackling the first climb of the race. A very steep 1 km climb through the forest awaits you, punctuated by clearings that offer a stunning view if you take the time to look back.

Km 3.8 - At the top, the trail, still under dense forest, turns to the left, heading due east for about 2.5 km with a slight downhill slope. The last kilometer of this section opens onto a very wide track and ends at the top of the Klem's hill, where you'll find the first checkpoint.

Km 6.4 - Turn left and follow the paved road for 200m before entering a plantation on the right. Follow the grassy track for a little over a kilometer.

Km 7.5 - You'll then arrive at a river that you'll need to go up on the right for 200m. You'll exit the river by crossing the small concrete dam, which will lead you to a narrow forest trail for 2 km.

Km 9.5 - You'll arrive at checkpoint 2 at the zip line. This is followed by a steep but wide and easy 1 km descent to reach the Bukura track. You'll turn left, and 500m later, you'll find checkpoint 3.

Km 12 - Turn left again to take a wide, uphill track that will lead you back to checkpoint 2 (the zip line). You'll take the same descent as before, which will bring you back towards Bukura. You'll pass checkpoint 3 a second time but will continue straight for about 500m.

Km 16.5 - Turn left to enter a plantation. The track is wide and flat to begin with, then you'll find a cemented road going uphill. Don't miss the markers to the right in the plantation. 100 meters further, depending on your speed, you'll join the "Family" course (for about 600m). Be respectful if you need to pass. The trail narrows in the plantation, and the slope steepens to once again reach the top of the cliff. A house awaits you at the top: stop for a moment to enjoy the breathtaking view of Mele Bay and Port Vila.

Km 18 - Exiting the property, you'll run alongside a straight barbed wire fence on the outside (be careful). You'll let the "Family" runners go to the left while you continue straight along the fence for 500m before re-entering the plantation by turning right at the small gate.

Km 18.6 - You are above the Mele waterfall before a sharp descent towards the Mele Matt gardens. Be careful; the descent is dangerous if wet! You'll cross a flat section of the Mele Maat gardens before passing through a gate and continuing on a wide, grassy track.

Km 19.8 - Turn left at the christmas tree to take a very narrow trail that will lead you to your last uphill effort. It's short but intense! The descent is just as steep, then the slope eases as you pass through residential areas.

Km 20.8 - You're back on the Bukura track, which you'll follow by turning left. Before you reach the paved road, turn right before the wall to access the black sand beach of Mele. One last river crossing before you see the finish line in the distance at Km 22.